

TECUMSEH CHIROPRACTIC CENTER, INC
 402 E CHICAGO BLVD - TECUMSEH, MI 49286 - (517) 423-7414

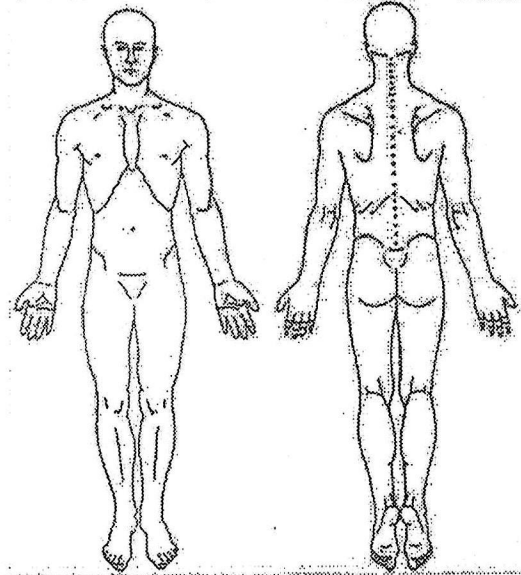
Name: _____

Date: _____

What is your chief complaint ?

Indicate the location of the pain or problem:

Instructions: On the body diagrams to the right, please indicate where your pain is located at the present time. Please do not indicate areas of pain that are not related to your present injury or condition.



Quality: How would you describe the pain or symptom ?

(Circle all that apply)

- | | | | | |
|----------|--------------|-----------|-----------|-----------|
| Aching | Dull | Pulsating | Stabbing | Tightness |
| Burning | Excruciating | Radiating | Stiffness | Weakness |
| Cramping | Numbness | Sharp | Throbbing | |
| Diffuse | Pounding | Shooting | Tingling | |

Severity: On a scale of 0 to 10, with 10 being the worst possible, how would you rate your pain or problem ?

- | | | | | | | | | | | | |
|---------------|---|---|---|---|---|---|---|---|---|---|----|
| Now: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| On average: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| At its best: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| At its worst: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

Onset: Describe how and when it began:

How often are you experiencing it ? *(Circle one)*

- | | | | | |
|--|--|--|--|--|
| Infrequently
<small>(less than daily)</small> | Occasionally
<small>(1/4 of the time)</small> | Intermittently
<small>(1/2 of the time)</small> | Frequently
<small>(3/4 of the time)</small> | Constantly
<small>(90-100% of the time)</small> |
|--|--|--|--|--|

What makes it better ? *(Circle all that apply)*

- | | | | |
|-----------|----------|------------|----------------|
| Activity | Massage | Pain meds | Nothing |
| Heat | Standing | Sitting | Immobilization |
| Ice | Walking | Stretching | |
| Elevation | Resting | Movement | |

Other: _____

What makes it worse ? *(Circle all that apply)*

- | | | | |
|----------|----------|------------|----------------|
| Pushing | Bending | Kneeling | Nothing |
| Pulling | Sitting | Lying down | Weight bearing |
| Movement | Standing | Coughing | Looking up |
| Driving | Lifting | Sneezing | Looking down |

Other: _____

Describe any other symptoms related to this problem:

What have you done for this problem before coming in today ? *(Circle all that apply)*

- | | | | |
|----------|-----------|--------------|------------------|
| Bed rest | Massage | Exercise | Nothing |
| Heat | Pain meds | Hot showers | Topical Ointment |
| Ice | Traction | Chiropractic | Family MD |

Other: _____

What functional activities are affected by this problem ?

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NAME: _____ HEIGHT: _____ WEIGHT: _____

PREVIOUS ILLNESSES AND MAJOR INJURIES

PLEASE LIST ANY PREVIOUS ILLNESSES AND MAJOR INJURIES:

Year _____	Type _____	Residual problem _____
Year _____	Type _____	Residual problem _____
Year _____	Type _____	Residual problem _____
Year _____	Type _____	Residual problem _____
Year _____	Type _____	Residual problem _____

SURGERIES AND HOSPITALIZATION

PLEASE LIST ANY SURGERIES AND HOSPITALIZATIONS:

Year _____	Type _____	Residual problem _____
Year _____	Type _____	Residual problem _____
Year _____	Type _____	Residual problem _____
Year _____	Type _____	Residual problem _____
Year _____	Type _____	Residual problem _____

MEDICATIONS AND SUPPLEMENTS

PLEASE LIST ALL MEDICATIONS, NUTRITIONAL SUPPLEMENTS(S), VITAMINS(V), AND OVER THE COUNTER DRUGS(OTC):

Medication _____	Milligrams/day _____	S.V.OTC _____	Milligrams/day _____
Medication _____	Milligrams/day _____	S.V.OTC _____	Milligrams/day _____
Medication _____	Milligrams/day _____	S.V.OTC _____	Milligrams/day _____
Medication _____	Milligrams/day _____	S.V.OTC _____	Milligrams/day _____
Medication _____	Milligrams/day _____	S.V.OTC _____	Milligrams/day _____
Medication _____	Milligrams/day _____	S.V.OTC _____	Milligrams/day _____

ALLERGIES

PLEASE LIST ALL KNOWN ALLERGIES:

FAMILY MEDICAL HISTORY

HAS ANY RELATIVE EVER HAD THE FOLLOWING? (Please circle)

HEART PROBLEMS	Father	Mother	Sister	Brother	Other
HIGH BLOOD PRESSURE	Father	Mother	Sister	Brother	Other
ARTHRITIS	Father	Mother	Sister	Brother	Other
DIABETES	Father	Mother	Sister	Brother	Other
STROKE	Father	Mother	Sister	Brother	Other
CANCER	Father	Mother	Sister	Brother	Other
OSTEOPOROSIS	Father	Mother	Sister	Brother	Other
BLOOD CLOTS	Father	Mother	Sister	Brother	Other

SOCIAL HISTORY

Marital status: Single Married Separated Divorced Widowed

Employment status: Employed Homemaker Self employed Retired Unemployed Student

Domicile: Live alone Live with spouse With parents With children Assisted living

Use of alcohol: Never Rarely Moderate Daily

Use of tobacco: Never Previously, but quit _____ Current packs/day _____

Use of drugs: Never Type/frequency _____